

Colleen Mousseau

GRIEF EDUCATOR & CLINICAL CONSULTANT

M.ED | RP

CO-FOUNDER & CLINICAL DIRECTOR
AWC GRIEF SUPPORT



MEET COLLEEN

Colleen is a Registered Psychotherapist, a servant-leader and builder of strong teams. With over 25 years of experience in developmental and community mental health agencies across Ontario, she is skilled at providing direct grief and trauma support to people of all ages. In addition to her clinical work, Colleen offers clinical consultation and grief and trauma education to professionals both individually and in large groups.

In her role at AWC, Colleen provides clinical support to the team while passionately advocating for the inclusion of all individuals in addressing the mental health needs of children, youth, adolescents, and adults who are neurodiverse. Her commitment to fostering supportive environments and her expertise in both direct client care and professional development help make AWC an innovative and progressive team of skilled and supportive experts, dedicated to positively impacting the mental health landscape for all.

BOOK COLLEEN

Training, Consultation, & Workshop Offerings

Whether it's an individual clinical consultation, a workshop, or a keynote, Colleen offers evidence-based training—virtually or in person—tailored to your team's needs, focusing on practical, real-world application.

Colleen offers specialized training that can be delivered as standalone sessions or as part of a comprehensive curriculum, including:

- **Foundational Grief Literacy (Early Childhood)**
- **Building Support Groups**
- **Preparing Families for Death**
- **Creative & Play-Based Interventions**
- **Grief Support for Neurodiverse Youth**
- **Clinical Response to Sudden Death**

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✉ EDUCATION@AWCGRIEF.COM